In many countries, the  government has made it mandatory to wear respiratory masks in shopping malls or public transportation as an effective strategy to fight SARS-CoV-2 infections and pollutions or any risks of airborne illness.

And as we have variety of masks available in the market, the questions arises why to wear the best masks. So, here we are highlighting why the best mask is now a necessity.

It most likely reduces the spread of virus-loaded droplets and therefore the risk of transferring SARS-CoV-2.

These are designed to decrease droplet elimination, therefore protecting the user’s surroundings.

People wearing quality masks are protected from getting infected. These also prevent onward transmission when worn by a person who is infected, whether they have symptoms or not.

A good quality mask is intended to protect others from large droplets exhaled or released by the wearer and also designed to protect the wearer’s respiratory tract and also protect the wearer from hazardous contaminants in the air

Appropriately worn masks reduce the spread of COVID-19 along with the quality masks.

And it is not clear that woven cloth masks can meet either FDA or NIOSH standards, and without better testing and more research, cloth masks generally have not been recommended as effective personal protective devices against infection

Measures to prevent infections are necessary in the current pandemic. Face masks have been considered a first step to prevent and contain the spread of the disease.

Masks are here to stay for the foreseeable future, mandated in most states for shopping and other indoor gatherings, mandated by many municipalities, companies and retailers, as well as on planes. But not all masks are equally effective, and since we are likely going to be wearing one somewhat regularly for the immediate future, we might as well have one that works well